

## Hypnotherapy Practitioner and Master Practitioner – 2022

### Why the Hypnotherapy Practitioner and Master Practitioner?

If you are an existing NLP Practitioner, and you would like to learn how to support your clients even further through hypnotherapy, then this course is for you. You will learn some powerful techniques model from Milton Erickson, arguably one of the greatest hypnotherapist of last century.

#### What you will learn:

- Self-hypnosis – you will learn a number of different methods of self-hypnosis so you can have personal trance-formation.
- Types of hypnotherapy – you will learn some of the history and different methods of hypnotherapy. This course will focus on the incredible work of Milton Erickson
- Myths about hypnotherapy and how to reassure your clients
- The hypnotic Interview – how to design and then delivery a fully hypnotic interview for the beneficial change of your client
- Hypnotic induction – you will learn multiple ways to enable your client to go into trance easily and effortlessly.
- How to deepen trance using classic hypnotic phenomenon – you will learn a number of different hypnotic phenomenon and when and how to apply these to enable your client to have a deeper trance-formational experience.
- How to undertake change work through hypnotherapy – you will build on your existing NLP knowledge to plan and then support you client to make significant changes that they desire.
- Ethics around hypnotherapy – you will learn how to ensure that you work in an ethical and ecological way
- ... And much more.

#### Your investment

Your investment is £995 which includes your manual and certification (£50). Master Practitioner is an additional £150 i.e. £1,145.

To book your place we need a completed booking form as well as £250 deposit. The balance of the course is due 1 month before the start date of the course. You are responsible for getting to and from the course plus any accommodation, refreshments etc. that you may need during the course.

Payment plans are available upon request.

## **Course Dates and Methods:**

The 2022 course dates are:

- 5 days: 30th June 2022, 1st, 2nd, 3rd and 4th July 2022 via Zoom (9:30am – 3:30pm)
- 9th and 10th July 2022 (9:30am to 4pm) face to face.

The course will be live training; part online (via Zoom) so you will need to be able to have access to Zoom (free) and the internet, and part face to face location will be confirmed nearer the time and will be in Essex.

## **How to book:**

Booking is easy, we need a £250 deposit to secure your place and a completed booking form.

Please either email us and we will send you the booking form or you can click to download the [booking form](#) into a word document, complete and email to; [emma.mcnally@achieveyourgreatness.co.uk](mailto:emma.mcnally@achieveyourgreatness.co.uk)

If you have studied your NLP Practitioner course elsewhere, then we will need to see a copy of your NLP Practitioner certificate too.

Upon receipt and acceptance of your booking form, we will send you your invoice so you can pay your deposit.

## **Size of group and trainer information:**

We deliberately have smaller classes on our courses as we believe that if you feel comfortable, safe and supported, whilst having fun, then your learning experience will be deeper, richer and more enjoyable. Therefore, the trainee to trainer ratio for the online element of the course, is 6 to 1 i.e. for every 6 participants there will be one trainer or assistant. For the face to face sessions, the minimum ratio will be 12 to 1. There will be assistants present at times throughout the course and the trainer will be available throughout the course and within break times if additional support is needed. The maximum class size will be 15.

Emma McNally is the lead trainer who has an MBA (Masters Degree in Business Administration), ILM Level 7 Certificate in Executive Coaching and Mentoring and is an ABNLP accredited NLP and Hypnotherapy Trainer, INLPTA qualified Master Practitioner, Licenced Core Transformation Trainer and an Advanced Integral Eye Movement Therapy Practitioner (IEMT). She is also The Essex Ambassador for Association of NLP.

### **What if I can't attend the whole course?**

Wherever possible, we encourage you to attend the sessions, as this is where you can really gain the insights to fully understand and be able to successfully apply NLP and pass the Diploma level.

Should you be unable to attend on one of the days, an audio recording will be provided and a catch up plan created. If a 1-1 catch up session is deemed necessary with the trainer, this will be at an hourly rate of £75.

If you cannot attend 2 or more course days, you will be required to attend each of the missed days on the next available course.

Please contact us to discuss your specific situation, as we will be as flexible as possible to accommodate, whilst ensuring that you have the right level of understanding necessary for the certification.

### **Will I need to study in my own time?**

It is advantageous for you to re-read the manual after each session and practice the subjects you have learnt, so as to really embed your learning.

In addition, there will be a practical assessment on the final day for the Practitioner level and additional case studies and questions to answer for the Master Practitioner level, therefore private study time will be required to ensure you are full ready and at the required level to pass.

### **How will I be assessed?**

To pass the Practitioner level course, you will be assessed throughout the whole course in terms of understanding, participation, contribution and application of the learning. It is at the discretion of the lead trainer as to whether you have met the expected level and they will give constructive feedback, should this be necessary. In addition, you will have an assessed practical on the final day of the course.

For the Master Practitioner, you will then complete 3 case studies and answer a set of questions in your own time, around the subject in order to be certified.

We will work with you throughout the programme to ensure that you are ready for these elements.

If you are not yet at the level required, then provided it will be beneficial to yourself and for the rest of the group, you can revisit on a later course to deepen your understanding. You will receive a certificate of attendance for

the course dates attended until you achieve the relevant level required for full certification.

### **What happens after the course?**

On the third Wednesday evening of the month we run NLP Practice workshops, which you would be more than welcome to attend and run quarterly NLP Reflections (supervisory sessions) if you are using your NLP skills with clients.

### **Cancellation Policy**

If you need to cancel a course within 14 calendar days of booking, without giving any reason, you are entitled to a full refund of any money paid to date.

If you decide to cancel after this 14 day period, then you will be issued a refund (excluding your £250 deposit) or you can transfer to another course for free.

If Achieve Your Greatness cancels or postpones the course, then you will be entitled to a full refund and we will give you as much notice as possible.

Achieve Your Greatness is not liable for any additional costs such as accommodation, travel etc. as a result of cancellation.

If Achieve Your Greatness requests that you leave the course for any reason, then a pro-rata refund will be provided once all learning materials have been returned.

### **What further support is there?**

If you need further support, please contact Emma McNally in the first instance as to your needs and requirements.

### **What previous attendees think?**

We are thrilled every time we receive feedback, as we know that NLP is helping so many people to achieve greatness in their lives. If you would like to discover what other participants think, then you can read their reviews via [Google My Business](#).

### **Money Back Guarantee**

100% money back guarantee. If you book onto one of our programmes and are not entirely satisfied, you can request a full refund within either the first 1/4 of the course or full day, whichever is the shortest. We will issue a full refund upon return of your course materials.

### **Appeals Process?**

If for whatever reason you are not happy with the company response, then you can contact ANLP – the Association of NLP, as they will consider your appeal and help to resolve any disputes that may arise.

If you have any questions or special requirements, please contact Emma McNally either by email ([emma.mcnally@achieveyourgreatness.co.uk](mailto:emma.mcnally@achieveyourgreatness.co.uk)) or via the phone 01245 658322.